

Adventures in God

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I Believe in Healing. Why Am I Not Healed?

Chapter 4 - Reasons 1-4 Some Who Believe Aren't Healed

This chapter starts by previewing some of the reasons for lack of healing that will be covered in this book.

Then it begins to further explore some specific reasons why Christians who believe in healing still do not experience it, focusing on inaccurate beliefs about healing, about themselves, and about God

It identifies several potential obstacles, including:

- Adhering to traditions that contradict the teachings of the Bible
- Inaccurate Identity Beliefs
- Harboring an inaccurate image of God
- Not being convinced of the will of God for your healing

The chapter also emphasizes the importance of aligning one's beliefs and actions with the teachings of the Bible to experience divine healing.

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I Believe in Healing. Why Am I Not Healed?

Reasons 1-4: Inaccurate Beliefs

Introduction

Welcome to Chapter Four of the book “I Believe in Healing. Why am I not Healed?” In this chapter, we will begin to go through specific reasons people are not healed.

Why am I not healed?

That is a good question—because though most of us believe in healing, and Christian churches acknowledge Jesus supernaturally healed people while on earth, most of God’s people often get sick and limit themselves to doctors and natural means for their health.

They pray for healing but rely more on medical means than they do in God. Many go to God as a last resort when needing healing. But to enjoy the full blessings of God, He will need to be first in your life (Matthew 6:33).

Few Christians enjoy the health and strength that Jesus provided for us all—even though many say they believe healing is God’s will.

The purpose of this book is for us to go over what the Bible teaches on healing; but it is also to find the gaps in our personal believing and lifestyle to discover why we may not be walking in the fullness of health that we could be.

God uses doctors, but our faith in God for health should be first. A combination of faith in God for health and using the medical means available to us can keep us healthy throughout our lives. But for this to work effectively, our trust must first be in God.

There was a king in the Old Testament who died because He trusted the physicians over God.

“In the thirty-ninth year of his reign, Asa became diseased in his feet. His disease was severe, yet even in his disease he didn’t seek the Lord, but the physicians. So Asa slept with his fathers, having died in the forty-first year of his reign.”

2 Chronicles 16:12-13 (NASB)

In the first chapter we did an overview of the course, the second chapter we went through some basic healing scriptures, the third week we looked at the ministry of Jesus in the Gospels and saw how He healed people wherever He went, many times all who needed healing, and how His healing revealed the compassionate nature of God about our health.

For the next few chapters, we will go into some specific reasons people might not be healed. I am not covering the same reasons many have presented. You can find lists of reasons in many books.

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But throughout my years of study, I have found many scripture verses that mention why someone didn't receive from God or fell short or that mention why someone was sick. These are the ones we will look at.

We will also delve also into how our heart's beliefs about ourselves, God, health, and His Word can affect our health.

If a person isn't enjoying the benefits of what God has provided, there is always a reason. The reason isn't God. He isn't blocking your healing. God wants your healing so much that Jesus bore your sicknesses and infirmities on the cross, as well as your sins.

God desires your health so much that He has already done His part for your health, and He will reveal to you the reasons things are not working. He has promised wisdom in every trial of life and will give wisdom to you if you ask in faith and believe He is giving you the needed insight. (James 1:5-8).

The first place to look to see why something might not be working in your life is the teaching from the Word of God. The next place to look is at your faith connection to Him and His Word.

What do you really believe in the depths of your heart? We will discover that many reasons people don't experience God's promised healing connect to their deep heart beliefs. What is happening in your life is not only connected to your conscious thoughts; it is connected to the unconscious and subconscious belief systems that control your life behind the scenes.

The reason a person doesn't receive their healing is not a mysterious, secret thing that only God knows—and we cannot know. God has no hidden purpose that He won't heal you. It isn't God's doing when we don't receive healing. There is something we are missing, perhaps something in our life habits or beliefs that blocks the healing.

There are many reasons, and we will cover several of them. But there is no pat answer to what you need to do to get healed. Each person will need to hear from God how to receive and walk out their own healing.

Not every reason I will cover applies to you. Move on to the next one without guilt if something doesn't bear witness. But listen to your heart as you read. I believe the Lord will reveal to you the blockages and hindrances in your life.

Your beliefs are key. What is rooted deep in your heart controls your life. You may have taught untruths or adopted incorrect beliefs about healing from others. Wrong beliefs in doctrine or inner heart belief systems prevent many people from experiencing healing, even when they know it is God's will for them.

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Many church doctrines are based on human traditions, deceiving spirits, or fleshly ideas (1 Timothy 4:1). These ideas pose as sound doctrine, justifying most cases of unhealed individuals.

Religious traditions are hard to get rid of—but by learning and applying the truth taught in the Word and replacing falsehood with truth, we can renew our minds and transform them, enabling us to walk in greater health.

We may have learned about healing and accepted it as truth. But our inner belief systems are not always the same as our outer doctrinal beliefs. It is these inner unconscious or subconscious thoughts that trip us up more than anything else. None of us fully believe what we think we believe and what we want to believe. I go into this in more detail in a later chapter.

If there is even the slightest doubt concerning the will of God concerning your healing, it can block you from experiencing the healing that is provided for us all. People may hear and believe healing truths, but their hearts are still unpersuaded that healing is God's will for them.

The cure for this is to become fully persuaded. You get persuaded concerning healing by continually going over the truths about healing.

Some get tripped up with the mistaken idea that it might not be God's time to heal them. But today is the day of salvation (2 Corinthians 6:2). Like salvation, the grace of God gave healing, and it is to be taken by faith (Ephesians 2:8).

Maybe a person doesn't feel worthy of receiving healing. There is an underlying guilt that prevails in much of the Christian world. Most of us feel like we fall short. We have been taught we are unworthy sinners.

But though we all fall short, He has justified us. He has forgiven us. He has made us pure and holy in His sight. He has put us into His family and made us worthy of all the blessings and benefits He offers, including healing.

Many people think they must earn God's blessings by good works or good behavior—but, in truth, God gave them, and our part is to receive them. God has provided health and healing for imperfect people. Healing, like all parts of the Gospel, doesn't depend on good works. God provided it, and faith receives it.

Do you feel bad because you think you have made yourself sick because of some sin or something else in your life? Guilt will impede healing. You think the reason you are sick might be your fault. Well, it could be, but do you think the multitudes that came of Jesus for healing and got healed were sin free?

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If you don't know healing is yours and you don't take it by faith, you will probably do without it. God heals some through gifts and miracles, but there is a difference between receiving from a gift of healing and taking healing by faith. We will cover this later.

Some have had prayer many times or seen others prayed for without results. This has caused them to lose hope, and they have given up their expectation of being healed.

As a result of people not getting healed when prayed for, healing is no longer expected in many churches that believe in it. They may still pray for the sick, but few get healed. Healing has become a doctrine we believe in rather than a reality we live.

While we may not be aware of or articulate these thoughts and ideas, they exist beneath the surface of our belief systems and restrict our receiving of what God has provided.

Thank God for His mercy that sometimes He heals even when we don't expect or believe it. But most times, we need to know and believe the promises of God to receive them. God has set it up that we work together with Him in receiving and partaking of the salvation He has provided.

There is a difference between knowing the Word and living the Word. You can know and accept the truths of the Bible with your mind and your heart doesn't agree. There is a difference between believing healing as a doctrine and believing it to the degree that you enjoy its benefits.

How can you tell what you believe in your heart?

By your actions and by your words. What you say when you are not thinking about it is what is in your heart. The words that flow out when you are not consciously trying to control them reveal your heart.

Jesus said that out of the abundance of the heart, the mouth speaks. If you are constantly speaking of your sickness and symptoms and rarely of God and His healing, it reveals that sickness is more in your heart than healing.

If you speak of sickness constantly, and then once in a while say something like, "I believe God can heal me," or "I believe God is going to heal me," or even, "I believe God has healed me, and by His stripes I am healed," what you speak constantly will override your occasional confessions of faith.

You can also tell what you really believe by what you expect to happen. What you think you are supposed to expect and what you want to expect isn't necessarily the same thing as what you really expect.

These inner belief things are the kinds of changes and adjustments most of us must make to receive healing and enjoy better health.

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There is a process between deciding to believe in the Word and believing in the heart. The timing problem isn't in when God is going to heal you; He has already done His part. The timing depends on our knowing and believing the truths of the Word, not on God. There may be strongholds in our minds contrary to the truth of God that will need to be torn down and brought into obedience to truth.

Let's begin our focus in scripture, with the basics of healing revealed in God's Word. Let's then match up our beliefs and actions with the Word of God—not just our outer doctrinal beliefs, but the true beliefs in our heart.

Once we get our believing about healing and about God as our Healer in accord with scripture, if we still don't receive, then we can look deeper.

As I go over reasons I have found in scripture and that I have observed in over fifty years of Christian experience, it will benefit you to take the time to compare what I say with the scripture for yourself. But make sure you are lining your ideas up with what is in the Bible and not your tradition or current beliefs.

Reason 1: Inaccurate Doctrinal Beliefs

Traditions of Men

Jesus said that the traditions of man can disempower and invalidate the power of the Word.

“Why do you yourselves also break the commandment of God for the sake of your tradition? ...You have invalidated the Word of God for the sake of your tradition.”

Matthew 15:3, 6 (NASB)

The traditions that we have learned can stop the Word of God from working for us. The tricky thing about traditions is they are taught mixed in with truths from the Bible. It is hard to find the place between truth and tradition.

People take scriptures out of context and misinterpret them. So, when reading scripture, read what is before and after a passage, and line it up with the total teaching of the Bible on the subject. The more scripture you have on a subject, the stronger your doctrine can be.

People hold fast to their traditions and try to support them from scripture. They can't even see many truths plainly taught in scripture. They put their tradition on a higher level than the Word of God.

People have taught the tradition that Jesus and the Apostles healed, but now healing has passed away or is only for some. If you are taught all your life that healing has passed away, that is all you can see.

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Your teachings prevent you from seeing the many Bible passages that contradict what you have been taught.

This tradition invalidates the Word of God. Viewing the Bible through this lens, you miss things plainly written that differ from your teachings. Your beliefs have a stronger place in your life than scripture. These traditions you believe about healing could cause healing to not work in your body.

What can you do about this? You will need to go through your beliefs, compare them with the Word of God, and line them up with what God says. Make sure what you believe isn't based more on tradition than truth.

Do your beliefs about healing truly come from scripture? The Bible is the dividing line between tradition and truth. Find many verses to back up each of your ideas about healing. Don't take an unclear passage of scripture out of context and use it to override many clear scriptures.

What are some traditions that might block you from receiving healing?

Extreme Predestination

There is a teaching concerning the sovereignty of God and predestination, that if God wants you healed, He will heal you, and otherwise, not... It believes it is up to God who He heals and when He heals. It assumes that God always gets His way, and everything that happens is the will of God, because, of course, He is God.

Think about it, does God always get His way? Does He get His way with you? Does He control your life? If He is in control of your life, why are you constantly praying for Him to help you do what you know He wants you to do? Why doesn't He make you do it?

The idea of the sovereignty of God has become a very prevalent belief in the church world. It leaves whatever happens in the hands of God. It takes responsibility off us and puts it on God.

This idea is part of the Calvinist belief system—believing that God's in control of everything, and everything that happens, is the will of God. This belief system asserts that God predestined everything that happens. Some even believe God predestines some for salvation and others not.

Though there is some truth in the sovereignty of God doctrine, many take it to the extreme. They say things like, "Well, God is sovereign, and if He wants you to be healed, He'll heal you, and if He doesn't heal you, that means He didn't want to heal you."

This could encourage the use of the phrase, "If it be Your will," in prayers concerning healing. But we have already covered the fact that it is His will. If you question God's will in something He has plainly

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told you is His will, it is dishonoring to God and His integrity—and it will block you from receiving the best results.

The belief that God is in full control isn't the least bit scriptural. The Bible is full of "if-then," statements, "if you do this, this will happen, and if you do that, then that then will happen."

God's blessings are conditional. He has His part, and we have our part. If we do our part, one thing will happen, but if we don't do our part, then it won't happen. Free will is extremely important to God and is an integral part of God's interactions with people on earth.

So, to whom does this leave the outcome of our healing? Obviously, us. Much of what happens in our lives isn't up to God; it is up to us. People experience the consequences of their actions. The law of sowing in reaping is a foundational law of creation.

He has provided salvation, including healing, but it is up to us to learn about it and appropriate it for ourselves. And if we don't, we won't.

Cessationism

Cessationism is a fancy word for a doctrine that has been in the church for quite a while, and it basically means that miracles and healing passed away when the last Apostle died. It believes that God used to heal supernaturally, but now we have doctors, that God used to work miracles, but He no longer does. It brings Christianity and our dealings with God down to the natural realm.

But God is a spirit, and we are also spiritual beings. Our dealings with God flow from the spiritual realm not the natural realm. God is interested in our outward lives, but that isn't the focus.

"God is spirit, and those who worship Him must worship in spirit and truth."

John 4:24 (NASB)

Most of us now know God isn't limited to the natural realm, but the roots of this belief continue to abide deep inside of us. They control our lives behind the scenes. You can say you don't believe it, but it is still in there somewhere, overriding your conscious thoughts. Tradition is hard to get rid of.

This doctrine isn't true because the Bible says that Jesus Christ is the same yesterday, today, and forever. God is unchanging. The God of the Bible is a God of miracles and a God who heals supernaturally. He always was and always will be.

If you read the Bible with an open mind, you can clearly see that the whole Bible is about a living God interacting with human beings in many ways, many times with miracles and divine intervention—

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including healing. It is also full of angels interacting with human beings. The Bible is a book revealing a supernatural God working in the lives of people on earth.

If your God isn't a miracle working God, interacting in your daily life, I would question if your God is the God of the Bible.

Cessationism is a tradition that we need to eliminate to walk consistently in health.

Connected to this inaccurate doctrine, let's cover more thoughts about the preeminence of the natural world over the spiritual world that got into church thinking and has become part of the foundational beliefs of many.

Secularism, Humanism, Rationalism

Back in the end of the 19th century, and the beginning of the 20th century, certain ideas and concepts became part of culture and seeped into church beliefs. Thoughts like "God's way of healing these days is doctors" replaced the truth of supernatural healing.

Rationalism—The belief or theory that opinions and actions should be based on reason and knowledge rather than on religious belief or emotional response.

Secularism—As a philosophy, secularism looks to interpret life based on principles derived solely from the material world, without recourse to religion.

Humanism—An outlook or system of thought attaching prime importance to human rather than divine or supernatural matters.

The church picked up these thoughts and ideas from the world and integrated them into their doctrines. People began to believe that God only works within the natural realm. Only what can be proven by science is true.

Most of us learned these things in school. They were part of our culture. When you became a Christian, it was there already in your belief system. You will have to eliminate this kind of thinking from your beliefs to receive all that God has provided for you—including healing.

These beliefs are still in the church world as well as in our education system. Many traditional denominations still firmly hold them. Many churches teach (consciously or unconsciously) that God doesn't work miracles anymore. There is an underlying belief that we have come so far in civilization that we no longer need God's divine intervention. So, He only heals through doctors.

The roots of these beliefs could still be in you. If you have them, they need to be uprooted and replaced with the truth. I have been working on this for years, and I continue to find places in my beliefs that

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don't line up with God's Word and block me from His best. I find myself not expecting miracles. I find myself looking to natural means before God. When I notice this kind of thinking I replace it with truth.

This process is called renewing the mind, and as I renew my mind, my transformation increases. I begin to naturally think supernaturally.

This belief system in the Church might be why when the Pentecostal move began in the early 1900s, they were against doctors—because they were rebounding to this kind of natural thinking. They taught going to a doctor was a sin.

We know that is a wrong idea. God provided doctors because He wants us well. God is for doctors, but He wants us to trust firmly and primarily in Him—and expect miracles, divine interventions and healing when needed.

Thank God that we have come back to a better balance to realize that though God heals supernaturally, He also uses doctors. Personally, I think we have come back a little too far and put doctors above God concerning our health and healing beliefs. But this is for each person and God to figure out for themselves.

God heals people. He loves us and wants us well, and He'll use whatever ways that He can to work with us for our health. If we only believe in doctors, He'll lead us a good doctor and work with the doctor to get us well.

If something attacks my body, and I think I might need to go to a doctor, I pray first and ask whether I should go to the doctor or not. I only go to the doctor when I feel I should. This has worked for me for fifty years. Anybody who knows me can see clearly that it has worked for me—and for my family.

I also think that whether to go to a doctor should depend on the seriousness of the symptoms that show up in your body. If an extreme life-threatening symptom shows up, go to the doctor. You don't need to be “led” to go to a doctor in this case.

There is no condemnation regarding this. Just use your common sense and listen to your heart. But make sure you pray before you go and during all your medical procedures.

God has worked for generations to purge our doctrines of traditions that have become intertwined with church beliefs. He is getting them out slowly but surely. We have come a long way since the Middle Ages, but we still have further to go.

Until we as the Body of Christ are healthier than the world, we have not gotten where we need to be yet. We have not yet come to the place where we can ask as in the Book of James, “are there any sick among you?” and expect there not to be.

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Look at what you believe and compare it with the Word of God about healing—not with the traditions, not with experience, not with what others think, and not with your experiences or anybody else's.

You might find the remains of some of these lies and traditions inside of you. It might not be in your conscious mind; it is probably below the surface. You need to look at yourself without condemnation, identify the areas that don't line up, and replace the old ways with His ways. Be renewed in the spirit of your mind (Ephesians 4:23).

Religious traditions are some of the most dangerous things keeping us from God's will because they have usurped and replaced the Word of God. The traditions of man will make the Word of God of no effect. We must be on our watch and on guard against traditions that contradict the Word of God.

Sometimes people hang on to their traditions more strongly than they believe in the Word of God, and when you challenge their traditions, they call you a heretic. They might say, "That's not what we were taught, I'm right and you're wrong," even after you give them twenty scriptures on a subject.

I could not care less what your teachers taught you! My question is, "What does the Bible say?"

I have spent many years challenges my own beliefs with the Bible. I keep finding new things that don't line up. What do I do?

I destroy speculations and every proud thing raised up against the knowledge of God and take every thought captive to the Word (2 Corinthians 10:4-5).

I am continually being transformed as I renew my mind (Romans 12:2).

I heard one teacher says he went through the Bible and used similar words to that commercial, the one about, "where's the beef." He would take his beliefs and say, "Where is the Word? Where is the Word?" I like this and have also been doing it.

What is the scriptural basis for your belief (or unbelief) about healing? Trace your beliefs and find specific verses in the Bible for them, and if there are none, throw that belief out. The old thoughts will try to stay because they are so ingrained. But if you consistently resist lies and replace them with truth, the truth will take over and set you free (John 8:31-32).

Traditions contrary to the truth of the Word of God, no matter how long they have been part of "sound doctrine," in the Church are lies and doctrines of demons and can keep you from the will of God for your life—including healing.

I saw a picture while praying for the church of these traditions and wrong beliefs rooted and intertwined with true sound doctrine—to the point we cannot even tell what is real and what isn't.

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It reminded me of when I had grape vines, and they got intertwined with other plants and the rope pieces I used to tie them. Getting that mess untangled was quite a job. By the time I was done, I was covered with sweat and cuts and scratches from the vines. In the same way, it will take some time and effort to get rid of your traditions.

Just like pulling weeds in your garden, dig them up from the roots. Deep traditions from religion, I think, are stronger than most any other beliefs, except maybe identity beliefs. We will later cover identity beliefs and how they can block your healing.

In conclusion, let's get rid of untrue traditions, because they are probably one of the most powerful and prevalent hindrances to healing.

F.F Bosworth has a quote in his classic book, "Christ the Healer" on the traditions of man as a hindrance to healing.

On the subject of healing, people have been taught today to believe in traditions in the place of the plain Word of God. This has turned the whole world into a veritable Nazareth of unbelief. I mean by that, today community unbelief is almost general. Those who preach the full Gospel and pray for the sick are obliged to labor in a Nazareth of unbelief. We can get only as far as we can get rid of the "traditions of men" regarding healing. We have to teach the people what the Scriptures actually teach on the subject.

Bosworth, F. F.. Christ the Healer (p. 182). Baker Publishing Group. Kindle Edition.

Reason 2: Inaccurate Identity Beliefs

Inaccurate identity beliefs are thoughts or convictions a person holds about themselves that are not based on reality. These beliefs are not in line with the Word of God and who God made us to be.

We all pick up ideas and thoughts about ourselves in many ways, such as how the people in our lives treat us as we go through life, what they say to us, what we are taught, our experiences, and social and cultural influences. Some of these identity beliefs started when we were very young and are deeply ingrained. Through time, these thoughts became part of us. They became our identity.

Many of us carry a sense of shame and hide our real selves from ourselves and from others. Shame is different from guilt. Guilt is about what you do. It is about actions and is resolvable. Shame is about who you are. Shame is about identity. And it is hard to get rid of identity, even if it is inaccurate.

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Shame is not an emotion; it is a core belief about yourself, about who you think you are. In shame means you have a negative and inaccurate view of yourself. You see yourself as not having value, not being lovable, as not being good enough and less than others around you.

This is a major blockage in receiving what God has provided for you. If you don't feel worthy of His blessings, something in you blocks them from flowing into your life.

It is like the picture of themselves the Israelites had of themselves in taking the promised land. They saw the enemy as giants and themselves as grasshoppers. This kept them from entering the promised land for forty years.

"There we saw the giants (the descendants of Anak came from the giants); and we were like grasshoppers in our own sight, and so we were in their sight."

Numbers 13:33 (NKJV)

These things have to be dealt with in order for God's healing power to flow into your life.

How to Change Inaccurate Identity Beliefs

Challenging and changing inaccurate identity beliefs is a crucial part of personal growth and overcoming the problems of the past. It is a process that requires self-awareness, patience, and consistent effort.

Inaccurate beliefs about yourself will have to be identified and replaced with the truth. Below are some steps I summarized from my study into current practices. After this, I will go into a more Christian solution.

- Develop Counter-Thoughts: For each inaccurate belief, create a more truthful positive alternative.
- Use Positive Declarations: Regularly repeat these -thoughts to yourself. This helps to reinforce the new beliefs and gradually weaken the old ones..
- Focus on Your Strengths and Achievements: Make a conscious effort to acknowledge your positive qualities, skills, and accomplishments.
- Practice Self-Compassion: Treat yourself with the same kindness and understanding you would offer a friend.

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By consistently applying these strategies, you can gradually challenge and change inaccurate identity beliefs.

Now I am going to share with you some things I learned when I was very new in the Lord. I grew up in the Word of Faith circles and was taught by Kenneth Hagin.

I got hold of his book, “In Him,” which goes over who the Bible says we are and how to get the truths of this into your life. I wrote these out and went over them and spoke them to myself daily for years. I still have the notebooks.

This was over forty years ago. Below are some quotes from his book. He used the word “confession.” Now we use the word “declaration.”

Find Out What God's Word Says About You and Make That Your Confession

People often ask me about studying the Bible. Although I have many suggestions, here is the one I present above all others everywhere I go. As a Christian, as a believer, read through the New Testament—primarily the Epistles. (The Epistles, you see, are the letters written to you the believer. They are written to the church.) As you read, look for all expressions such as, “in Christ,” “in Him,” “in Whom,” “through Whom,” etc. With a colored pencil underline these expressions.

You will find approximately 140 such expressions, most of them in the Epistles. Some of these, however, don't exactly tell you something you have “in Christ.” For instance, Paul's greeting in one Epistle is, “I greet you in the name of the Lord Jesus Christ.” That has the expression “in Christ” but doesn't tell you anything that is yours because you are “in Christ.”

You will also find other scriptures which convey the same message, but do not use the specific phrases, “in Him,” etc. Yet they tell you who you are or what you are or what you have, because you are “in Christ.”

Now, when you find these scriptures—write them down. Then meditate on them. Begin to confess them. Begin to say with your mouth, “This is who I am, and this is what I am, and this is what I have, in Christ.”

For, you see, faith's confessions create realities.

As far as God is concerned everything you have or are “in Christ” is so. He has done it. Everything the Bible says is ours, is ours legally. The Bible is a legal document, sealed by the blood of Jesus. However, it is your believing it and your

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confessing it which makes it a reality to you. God wants us to enjoy and know the reality of what

Hagin, Kenneth E.. In Him . Faith Library Publications. Kindle Edition.

Reason 3: Inaccurate Picture of God

Many of us still have the remains of an inaccurate picture of a judging God looking for sin to punish. We may carry around a low-grade sense of guilt and falling short that can keep us from receiving our healing. We disqualify ourselves in our own mind and thus block the power and love of God from flowing into us and through us.

We are taught more on the love and mercy of God now, and this image may not be in our conscious mind; it may be deeper where we are hardly aware of it. But if it is there, it could be a blockage and will need to be removed.

Some denominations and religions communicate that guilt is part of what God uses to control people's behavior. As a result, many people constantly feel guilty for their imperfections and short-comings, and they think God won't heal them because they are not good enough. This can be so subtle that you don't even know you are believing it.

You may sit in a healing service where everybody is getting healed, and you think (maybe unconsciously) that it won't work for me because I yelled at my husband this morning—or some other thing you did or didn't do. Or worse yet, you connect it to your identity, "God won't heal me because I AM this or that, but certainly not good enough for healing."

But we don't get healed by earning it. Jesus got our healing for us. None of us deserved it, but it is provided for each of us, despite our imperfections.

Do you see examples of Jesus focusing on specific sins before healing the multitudes who came to Him to be healed? He said to one woman after he healed her, "Go and sin no more, lest a worse thing come upon you." But He healed her, and He continued to heal all who came to Him.

So many people carry around an inaccurate picture of God. They get up every morning, and they feel like God's slightly unhappy with them. This has become part of their identity, and this belief will block you from the blessings of God, including healing, much more than the areas you actually fall short in.

There are very many sneaky underlying things in our thought patterns that keep us from healing that we need to find and remove. Many times, the problem of our not receiving healing is in our beliefs about ourselves, about God, or about sickness.

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If you feel guilty or unworthy, even slightly, you might self-sabotage yourself and disqualify yourself from healing in your own mind—and so live without what God desires and has provided for you. You probably do this without even knowing you are doing it.

If there is an actual sin, confess it, and it is instantly forgiven. The Bible says that if you confess your sins, God cleanses and forgives you and restores you to righteousness (1 John 1:9).

What if you still feel guilty after you confess it? Well, the Bible says it is forgiven and cleansed. Are you going to believe your feelings above the Bible? To walk in health, you will need to put the Word of God above your feelings in all areas.

According to Hebrews 10:1, we are not supposed to live in sin consciousness. Sin consciousness is one of the main blessing killers. If you don't realize Jesus took your sins and is no longer holding them against you, you will be more sin conscious than redemption conscious.

We have been made perfect by one sacrifice. And once cleansed, we should have no more consciousness of sin.

“For the Law, since it has only a shadow of the good things to come and not the very form of things, can never, by the same sacrifices which they offer continually year by year, make perfect those who draw near. Otherwise, would they not have ceased to be offered, because the worshipers, having once been cleansed, would no longer have had consciousness of sins? But in those sacrifices there is a reminder of sins year by year.”

Hebrews 10:1-3 (NASB)

God is no longer counting or holding sin against us. Jesus was made sin with our sins so that we might be made righteous with His righteousness.

“It was God [personally present] in Christ, reconciling and restoring the world to favor with Himself, not counting up and holding against [men] their trespasses [but cancelling them], and committing to us the message of reconciliation (of the restoration to favor).”

For our sake He made Christ [virtually] to be sin Who knew no sin, so that in and through Him we might become [endued with, viewed as being in, and examples of] the righteousness of God [what we ought to be, approved and acceptable and in right relationship with Him, by His goodness].”

2 Corinthians 5:19, 21 (AMPC)

We were made righteous by His obedience not our own.

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“For as through the one man's disobedience the many were made sinners, even so through the obedience of the One the many will be made righteous.”

Romans 5:19 (NASB)

Living in guilt and sin consciousness shows that you have an inaccurate picture of God, and this can block you from receiving healing. Use these scriptures to adjust your thinking and convince yourself you are righteous, and guilt has no place in your life.

Reason 4: Not Convinced of His Will

Are you fully convinced of that healing is God's will for you?

Being unsure of whether healing is the will of God for you is one of the most widespread hindrances to healing. Our minds can produce all kinds of ideas of why God might not heal us or why God has not healed us yet.

If you think deep down in your unconscious mind that healing might not be the will of God for you or it might not be God's time for your healing, it can stop you from receiving. These kinds of thoughts may be hidden so that you are not aware you are thinking them.

But they are not based on scripture. Remember last chapter we went through many verses showing that Jesus healed them all. Jesus didn't pick out any and tell them it was not God's will to heal them. If that is what Jesus was like then, then this is what Jesus is like now.

Some people, when they pray for healing, especially people from traditional backgrounds, says things like, “Lord, heal me if it's your will.”

They use the scripture in James, where it talks about praying for God's will concerning guidance on where to live and where to work. You might need to ask for wisdom in these kinds of things, but you don't have to ask for God's will for something He's already provided and told us is yours. It is there for you, and you can take it.

Much of the church world emphasizes the will of God about healing above other things. But Jesus didn't even mention the will of God when He healed whoever came to Him many times in His ministry. Again, let's line up our thoughts with Scripture—not tradition or the wisdom of men.

Jesus in His earthly ministry emphasized individual faith, not whether healing is the will of God. If the will of God were the main determining factor in healing, Jesus would have said that instead of continually saying, “your faith has made your whole.”

In the one case where God's will was mentioned regarding healing, Jesus said, “I will.”

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“And it happened when He was in a certain city, that behold, a man who was full of leprosy saw Jesus; and he fell on his face and implored Him, saying, “Lord, if You are willing, You can make me clean.” Then He put out His hand and touched him, saying, “I am willing; be cleansed.” Immediately the leprosy left him.”

Luke 5:12-13 (NKJV)

You can see from these things that the beliefs that keep you from healing are not always your conscious beliefs; they are deeper. This explains why many people confess their belief in healing, yet they are not healed. They don't realize there are deeper things going on. But these inner beliefs could be what keeps you from healing.

Activations

- Ask the Lord to reveal to you reasons you are not as healthy as you wish you were—and EXPECT Him to tell you. (James 1:5-8; Jeremiah 17:9-10—MSG).
- When you see an area of lack in your believing and receiving, don't condemn yourself. Condemnation will get you nowhere.
- Find scriptures that counteract the lies you believe, write them out, and speak them to yourself to break the old patterns.
- Purposely and intentionally believe what God has said. Changing your thoughts will transform you.
- Spend time with the Lord seeing yourself with the promises of God; visualize your life healthy.

If you take the time to go over these things and perform the activations regularly, your health will transform.

If you continue to do them, you can grow to a place where health is more normal to you than sickness, weakness, and disease.