

Adventures in God

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I Believe in Healing. Why Am I Not Healed?

Chapter 2 - Foundational Scriptures

This chapter focuses on establishing a scriptural foundation for the will of God to heal, emphasizing the necessity of believing in God's desire to heal as a prerequisite for receiving and experiencing His healing provision. It challenges readers to set aside preconceived notions and approach the scriptures with an open mind to discover God's truth about healing. The chapter underscores that healing is an integral part of God's nature and is available to believers through Jesus' redemptive work.

The scriptures reveal God's character as Jehovah Rapha, the Lord who heals, and highlight that healing is a core aspect of His identity. The chapter emphasizes that Jesus' ministry demonstrated God's will to heal all who are sick, fulfilling the prophecy of Isaiah 53, where Jesus bore our sicknesses. It encourages believers to partake of the Word of God, allowing it to transform their thinking and align them with God's perspective on healing.

Furthermore, the chapter presents healing as part of God's comprehensive benefit package for believers, urging them not to neglect this provision. It also details how Jesus redeemed us from the curse of the law, which includes sickness, enabling believers to receive the blessing of healing through faith.

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I Believe in Healing. Why Am I Not Healed?

Foundational Scriptures

Scripture is God's Answer and Help

We will start the foundation of our journey to healing with scripture. Most of the reasons I have found that people who believe in healing aren't healed are based on scripture.

God has given us His Word to instruct us, teach us, and equip us for life. So, it is in His Word we will find the answers when we are living below His provision.

Scripture is what God has chosen to use to correct our errors, reset the direction of our lives and fully equip us for all areas of life.

If there is something out of alignment, something not working in our lives, God's Word is the solution. That is why I am basing this book on scripture.

"All scripture is inspired by God and is useful for teaching the faith and correcting error, for re-setting the direction of a man's life and training him in good living. The scriptures are the comprehensive equipment of the man of God and fit him fully for all branches of his work.

2 Timothy 3:14 (Phillips NT)

The Will of God for Healing

An important thing to establish when seeking healing is the will of God. To receive and experience God's provision of healing, you need to believe that it is God's will to heal you.

This book aims to help you find what might block you from receiving healing. By identifying these things, you can live a healthier life than you ever imagined.

You'll need to go beyond accepting healing as a doctrine. The goal is to experience fuller health and greater strength. The point isn't only to learn about healing, but to enjoy better health. There could be many reasons you may not see the health and healing Jesus provided, even when you believe in healing.

In this chapter, we will go through some basic scriptures on healing to establish God's will. To have strong faith for healing, you must know what God has revealed in His Word and what is in His mind and heart concerning your health.

I Believe in Healing. Why Am I Not Healed?

As you read, put aside what you have heard. Open your mind and heart to see what the Word teaches. Take off the religious lens you see everything through. Pray for the Lord to open your eyes and reveal His truth to you.

To receive and consistently live in God's provision of healing, you will need to believe that healing is God's will for you. Not having a full conviction of God's will in healing is one of the main reasons someone who believes in healing might not be healed.

You believe in healing, but are you convinced that your healing is God's will? Do you expect healing?

How can we become fully convinced?

First, we will need to find out what God says about health and healing and the ways His ways to receive it. We learn God's ways and God's will in the Word of God.

After learning the truth about healing, we must intentionally place our faith in God's will, as revealed in scripture, and no longer prioritize tradition or experience.

Read scripture with an open mind. Read it as if you have never read it before. To walk in health, put aside what you have previously thought and heard about healing, what you have experienced, and what others have experienced, and put what the Word of God teaches in its place.

Changing your thoughts to God's thoughts is called renewing the mind. And renewing the mind is what will transform your life. Thinking God's thoughts will transform you from sickness to health and from weakness to strength. (Romans 12:2)

Here are some quotes from others about the importance of knowing the will of God concerning healing.

"Faith begins where the will of God is known."

"Faith must rest on the will of God alone, not on our desires or wishes."

"Appropriating faith isn't believing that God can, but that He will."

F.F. Bosworth

Here are more quotes about the will of God in healing from A.B. Simpson.

"The most important element in the prayer of faith is the full and firm persuasion that the healing of disease by simple faith in God is a part of the Gospel and a doctrine of the scripture."

I Believe in Healing. Why Am I Not Healed?

“A mere vague trust in the possible acceptance of our prayer isn’t faith definite enough to grapple with the forces of disease and death!?”

A. B Simpson

We can believe in healing in our conscious mind and have contrary thoughts and ideas in our unconscious and subconscious mind. This is often where we locate the problem or blockage. This is what we are after. We want to identify and remove any untruths or lies we believe, especially at levels we are not conscious of.

So, even if you have heard about healing many times, listen again. Let the truths penetrate more deeply into the heart of your mind. Come to hear with a clean slate and open mind. People came to hear Jesus and be healed.

“But the news about Him was spreading even farther, and large crowds were gathering to hear Him and to be healed of their sicknesses.”

Luke 5:15 (NASB)

“Jesus came down with them and stood on a level place; and there was a large crowd of His disciples, and a great throng of people from all Judea and Jerusalem and the coastal region of Tyre and Sidon, who had come to hear Him and to be healed of their diseases; and those who were troubled with unclean spirits were being cured.”

Luke 6:17-18 (NASB)

There are many ideas and teachings on healing. Through the years, there have been many inaccurate things taught about healing alongside the truth. There are also many fads and current ideas about healing that are not centered on scripture. Most of these are based more on experience and tradition than on the Word of God.

Ideally, ministers at church should teach us God’s will concerning healing, but sadly, at many churches, this rarely happens. Some Christian churches don’t teach on healing at all except as stories in the Bible. They don’t even believe in it as something God does for us today. And some actively teach against it.

Those who believe in healing and teach it sometimes teach truth mixed with tradition, human thoughts and ideas, or truth mixed with experience. Our teachings on healing also incorporate much worldly thinking and men’s opinions.

So where do we get our knowledge of healing? Where can we find the truth? We get accurate knowledge of healing and any other subject from the Word of God—from scripture, from the Bible.

I Believe in Healing. Why Am I Not Healed?

“For the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing and sifting and analyzing and judging the very thoughts and purposes of the heart.”

Hebrews 4:12 (AMPC)

The Word goes deep. It can identify the hidden thoughts and beliefs in your heart. It goes to the deepest parts of your nature, exposing, sifting, analyzing and judging the very thoughts of the heart.

As you study, let the Word reveal to you any hidden beliefs in you that are contrary to truth. These things can be sneaky and obscure, but they are what we have to get to for God's healing to work most effectively.

I love the subject of healing in the Bible because it appears throughout, from Genesis to Revelation. God is the always the Healer. Healer is His name (Exodus 15:26).

The more scripture on a subject, the stronger doctrinal your belief can be. We are going to go through many scriptures. Take the time to look them up for yourself. Write them down. Think about them. Apply them. Speak them. Adjust your thinking from what you have previously thought to conform to what you see in the Word of God.

I will not be presenting all the scriptures on healing. But hopefully, these will whet your appetite to study and find more. Let the verses we cover convince you of God's will for YOUR healing.

The positive changes in your life will astonish you as your thinking aligns with God's perspective on healing, as well as on any subject. Renewing the mind is a process, but making some key changes in your thoughts about healing will affect your outward life and health in amazing ways.

God's Name and Nature is Healer

“Saying, If you will diligently hearken to the voice of the Lord your God and will do what is right in His sight, and will listen to and obey His commandments and keep all His statutes, I will put none of the diseases upon you which I brought upon the Egyptians, for I am the Lord Who heals you.”

Exodus 15:26 (AMPC)

I Believe in Healing. Why Am I Not Healed?

Jehovah Rapha. This is one of the compound redemptive names of God which are found throughout the scriptures. Each one reveals various aspects of God's nature. The name revealed here is Jehovah Rapha. "I AM the Lord who Heals" or "I AM the Lord your Physician".

It is the nature of God to be a healer. His name is Healer. Healer is an aspect of God's character. Healer is who He always is and what He always does. Wherever God is, healing is happening.

Jesus went about doing good and healing all because God was with Him. Where God is, healing is there (Acts 10:38).

When Moses asked God His name, and God said, "I Am Who I Am". This is the first part of the compound name of God, "Jehovah Rapha".

Notice in the verse in Exodus 3 that God said. "This is my name forever, to all generations."

"And God said to Moses, I AM WHO I AM and WHAT I AM, and I WILL BE WHAT I WILL BE; and He said, You shall say this to the Israelites: I AM has sent me to you! God said also to Moses, This shall you say to the Israelites: The Lord, the God of your fathers, of Abraham, of Isaac, and of Jacob, has sent me to you! This is My name forever, and by this name I am to be remembered to all generations."

Exodus 3:14-15 (AMPC)

If God's name is Healer, His name is Healer forever. God never changes. Jesus, our Healer, is the same yesterday, today and forever (Hebrews 13:8). To not heal is contrary to the nature of God.

He gave Himself the name Healer, which revealed Him as our Healer because He wants us to know His will to heal us.

We were healed by His stripes.

God healed His people in the Old Testament before Jesus came, but when Jesus came, He made healing part of our covenant. It is an integral part of our salvation.

Jesus took our sicknesses and bore our infirmities. He dealt with our sickness at the same time as our sin. God included healing disease and sickness in our redemption package—along with the forgiveness of sin.

This takes us to the scripture in Isaiah 53. Isaiah is a redemption chapter in the Bible, and it points to Jesus.

I Believe in Healing. Why Am I Not Healed?

“He was despised and rejected and forsaken by men, a man of sorrows and pains, and acquainted with grief and sickness; and like One from whom men hide their faces He was despised, and we did not appreciate His worth or have any esteem for Him. Surely He has borne our griefs (sicknesses, weaknesses, and distresses) and carried our sorrows and pains [of punishment], yet we [ignorantly] considered Him stricken, smitten, and afflicted by God [as if with leprosy]. But He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement [needful to obtain] peace and well-being for us was upon Him, and with the stripes [that wounded] Him we are healed and made whole.”

Isaiah 53:3-5 (AMPC)

Jesus knew sin, sickness, and pain. But it was not His own sin, sickness, or pain He carried. It was our sickness, our pain, our sorrows, our griefs. He did this so that we can be healthy. He bore the sickness of all humanity.

Why would He bear our sickness if He still wanted us to be sick?

He was wounded and bruised for our guilt and iniquities, the chastening for our well-being was upon Him, and by His stripes, we were healed.

Jesus took our sicknesses. Some say that this only means spiritual healing. But what did Jesus Himself say about this passage of scripture? Don't you think what Jesus said about this passage would reveal the correct viewpoint?

Matthew 8 is a chapter of the New Testament focused on healing. It gives many examples of Jesus' healing. But it also tells us how Jesus interpreted Isaiah 53.

“When evening came, they brought to Him many who were under the power of demons, and He drove out the spirits with a word and restored to health all who were sick. And thus He fulfilled what was spoken by the prophet Isaiah, He Himself took [in order to carry away] our weaknesses and infirmities and bore away our diseases.”

Matthew 8:16-17 (AMPC)

Jesus healed ALL who were sick. This does not leave anybody out. In the next chapter, we are going to talk more about the healing ministry of Jesus and show how He many times healed all who were in the multitudes that came to Him for healing.

I Believe in Healing. Why Am I Not Healed?

Jesus said that healing those who came to Him was to fulfill what Isaiah the prophet spoke. Jesus Himself said that His healing ministry fulfilled Isaiah 53. He explained Isaiah 53 as referring to physical healing; so, we can too.

If we have any other opinion about this, it isn't God's opinion. You may need to discard your previous thoughts, ideas, and teachings and replace them with the Word.

The New American Standard Bible in its 2020 updates uses the words, sickness, pains, and wounds.

He was despised and abandoned by men, A man of¹great pain and familiar with sickness; And like one from whom people hide their faces, He was despised, and we had no regard for Him. However, it was our sicknesses that He Himself bore, And our pains that He carried; Yet we ourselves assumed that He had been afflicted, Struck down by God, and humiliated. But He was pierced for our offenses, He was crushed for our wrongdoings; The punishment for our well-being was laid upon Him, And by His wounds we are healed.

Isaiah 54:3-5 (NASB 2020)

The Apostle Peter in a passage in the New Testament also refers to Isaiah 53.

“He personally bore our sins in His [own] body on the tree [as on an altar and offered Himself on it], that we might die (cease to exist) to sin and live to righteousness. By His wounds you have been healed.”

1 Peter 2:24 (AMPC)

You probably know these scriptures and believe them, but are they working in your life? Are you experiencing them? Are you living the health they promise?

God's Benefit Package

Healing is part of God's benefit package.

When you decide on a new job, the benefit package they offer will be a major consideration. And even if you take the job, you can have the benefit package but not make use of it.

Few would do this with their job benefit package, but many do this with God's benefit package.

“Bless the Lord, O my soul, And all that is within me, bless His holy name. Bless the Lord, O my soul, And forget none of His benefits; Who pardons all your iniquities, Who heals all your diseases; Who redeems your life from the pit, Who

I Believe in Healing. Why Am I Not Healed?

crowns you with lovingkindness and compassion; Who satisfies your years with good things, So that your youth is renewed like the eagle.”

Psalms 103:1-5 (NASB)

Psalms 103 is one of my favorite scriptures. It not only applies to healing but to everything that we have need of in all areas of life. It compares to the New Testament passage in 2 Peter 1:3, where it says that God has given us all we need for life and godliness.

Interesting, it is through the knowledge of Him we partake of His nature (including healing). Knowledge is a part of receiving any provision of God. If we don't know about it, we cannot receive it. (Romans 10:14-17, 3). So, we must first know the benefits He offers.

Forget not His benefits. Are you living His full benefits? Are you missing any of the things on the benefits list?

God wants these good things for you so much that He provided them. He wants you to EXPERIENCE them, not just know about them.

What are the benefits?

- He pardons all your sin and guilt.
- He heals all your diseases.
- He redeems your life from the pit.
- He crowns you with favor and compassion.
- He satisfies your desires with good things.
- He renews your youth like an eagle.

Most people don't remember ALL His benefits we are told to not forget. They receive the salvation and forgiveness benefits, but they don't experience the healing of all our disease benefits. They may quote the entire passage and confess belief in all the benefits but only believe and live in some of them.

God gave us these benefits so that we could live and enjoy them. God desires us to experience them. That is why the psalm starts out telling us not to forget the benefits. Healing is one of His benefits. God does not want us to forget about the healing He paid such a great price for.

Though most of us enjoy the benefits of salvation and forgiveness, few walk in the benefit of all of their diseases being healed. But it is on the same list. God intends we appreciate and partake of all of what He has provided for us.

I Believe in Healing. Why Am I Not Healed?

The problem is that we believe these things are ours as doctrinal beliefs, but deep down, we don't expect them. We may have unconsciously learned that He might not do for us that which He has promised, though He has provided these benefits for us all.

As the Lord spoke to me once, "Stop disqualifying yourself in your own mind from the promises of God because of some fault or shortcoming you see in yourself."

Again, why would He have provided these things if He did not want YOU to have them?

"For this reason, we must pay much closer attention to what we have heard, so that we don't drift away from it. For if the word spoken through angels proved unalterable, and every transgression and disobedience received a just penalty, how will we escape if we neglect so great a salvation?"

Hebrews 2:1, 3 (NASB)

What will happen if we neglect any part of our great salvation? How can we escape sickness if we neglect the benefit of healing provided in our salvation?

Therefore, we must pay much closer attention to what we have are hearing today on healing so that we don't drift away, so that we live and experience all the benefits of our salvation. Let us not waste what the blood purchased for us.

I love these benefits. They are more than mere beliefs or doctrines; they are realities. Not only are these truths to learn; they are things to experience.

Speaking the Word over yourself is one way to get these truths into your heart so that they become part of you, and into your outward life. To enjoy and experience the fullness of these benefits, I say them over myself—and attempt to apply them and walk them out every day.

I say it like this, "Thank you, God, you not only forgive all my iniquities, but you heal all my diseases, and I am so happy that you are also renewing my youth as the eagle. I believe you are renewing my youth every day. Thank you for your long life and health."

I also says, "I thank you, Lord, that if there's any part of my body that needs to be restored or refreshed, you restore and refresh it, if there are any parts that are broken, that you replace them and repair them."

When you come to the place where your heart is fully assured of the truth, it works so much better and faster. Expecting and experiencing the truth can become your default position. You can come to the place where these things are so real to you that you expect nothing else. Doubt is no longer a problem when your mind is renewed.

I Believe in Healing. Why Am I Not Healed?

Does fear of not being genuine hold you back from speaking these truths before experiencing them? The Word is higher than your experience, and you should speak it because it is true, whether you experience it or not.

Why? Because it is what God said. And as you say it, it becomes more real to you, and it gets deeper in your heart, and it becomes part of you. And the more it is part of you, the better it works.

Also, when you put God's Word out into the atmosphere by speaking it, you are releasing His power. When you speak God's words of healing, you are releasing God's healing power into the atmosphere towards yourself because your words carry His power.

More Old Testament Verses

“But you shall serve the Lord your God, and He will bless your bread and your water; and I will remove sickness from your midst. There shall be no one miscarrying or barren in your land; I will fulfill the number of your days.”

Exodus 23:25-26 (NASB)

My husband and I used this passage back when we were having our first child. We prayed it as a prayer and spoke it over me every day for a while.

Sometimes, when you are having a first child, fear comes to you about it, thoughts like, “your child is going to have problems and not be normal”, or “you’re going to miscarry”, or many other things. You may have thoughts like “you’re going to have a hard time and hard labor”.

These kinds of thoughts come to us all. As we prayed these verses over me every day, it eliminated fear, and, of course, everything turned out well. Having children and the whole child-bearing process is also something we intentionally believed the best for. And it worked every time! And we did it five times!

The reality of these truths got into me to such a degree that I did not need to go over them for the births of the next four children. I just KNEW that all was well.

This verse connects God's blessing of food and water with his removal of sickness. In the New Testament, we are told that our food is sanctified by the Word of God and prayer (1 Timothy 4:4-5). We will get more into this in a later chapter.

Fulfilling the number of your days is also God's will for you. This implies it is possible to not fulfill the number of your days.

I Believe in Healing. Why Am I Not Healed?

That is an interesting thought. Many people learn that death arrives on a predetermined day, making it inescapable. All will die, but the day depends upon many things. I will go into this more fully in a later chapter.

This idea is unscriptural. It is a religious tradition with no basis in reality. The Bible mentions many places where doing certain things will lengthen your life, while others will shorten it.

In saying He'll fulfill the number of your days; it shows me you can have your number of days not fulfilled; you can die before your time. But you don't have to.

Healing in the New Testament

We have seen God's provision for healing in the Old Testament. Let us look at some New Testament scriptures.

In the Old Testament, the blessings and benefits of God came through obeying the law and good behavior. But in the New Testament, we receive God's blessings and provisions differently—because of Jesus' provision of salvation for all. He did His part, and our part is faith in what He did.

Part of our salvation is that He took our sicknesses and infirmities. This is an accomplished fact—along with the forgiveness of our sins.

In the New Testament, it isn't by good behavior or obeying the law that we receive His blessings. It is by faith that we receive the benefits of God. Healing, as well as forgiveness, belongs to us through faith in Jesus.

“However, the Law isn't of faith; on the contrary, “He who practices them shall live by them.” Christ redeemed us from the curse of the Law, having become a curse for us—for it is written, “Cursed is everyone who hangs on a tree”— in order that in Christ Jesus the blessing of Abraham might come to the Gentiles, so that we would receive the promise of the Spirit through faith.”

Galatians 3:12-14 (NASB)

Jesus became a curse for us, including the curse of sickness, so that the blessing (of healing) may come upon us through faith.

Jesus became sick that we might become healed. Isn't it wonderful that we don't have to be perfect to enjoy the benefit of healing? We just need to believe and receive what He has provided.

You can let things get into your life that are not God's will, and some of these things can block healing, but overall, we receive healing by faith, and healing is for all of us.

I Believe in Healing. Why Am I Not Healed?

On your journey into health and healing, the Lord may reveal things you need to change in your outward life, but most of the adjustments you will need to make will probably be in your thoughts and belief systems.

Conclusion

Keep reading and thinking as we go over these scriptural reasons you might not be walking in the health you see in the Word and believe is yours.

I believe God will reveal to you as you go through this book and study out the scriptures for yourself things that are blocking your healing. He will also show you how to remove them.

In the next chapter, we will cover “The Healing Ministry and Compassion of Jesus.”

We will cover God’s nature as revealed in Jesus and how He is the same yesterday, today and forever. Since Jesus healed all then, He will heal all now. Don’t miss it. It will be good.

Redeemed from the Curse of Sickness

Deuteronomy is the blessing and cursing chapter of the law. The blessings were for those who obeyed, and the cursings for those who disobeyed.

Jesus became a curse for us, including the curse of sickness, so that the blessing (of healing) may come upon us through faith.

Deuteronomy 28 has much to say about sickness as a curse.

“The Lord will make the plague cling to you until He has consumed you from the land which you are going to possess. The Lord will strike you with consumption, with fever, with inflammation, with severe burning fever, with the sword, with scorching, and with mildew; they shall pursue you until you perish.”

“If you do not carefully observe all the words of this law that are written in this book, that you may fear this glorious and awesome name, THE LORD YOUR GOD, then the Lord will bring upon you and your descendants extraordinary plagues--great and prolonged plagues--and serious and prolonged sicknesses. Moreover He will bring back on you all the diseases of Egypt, of which you were afraid, and they shall cling to you. Also every sickness and every plague, which is not written in this Book of the Law, will the Lord bring upon you until you are destroyed. You shall be left few in number, whereas you were as the stars of

I Believe in Healing. Why Am I Not Healed?

heaven in multitude, because you would not obey the voice of the Lord your God.”

Deuteronomy 28:21-22, 58-62

Renew your mind so that you understand you are redeemed from these things.

Make these redemption truths a declaration. Say:

- I am redeemed from plagues, consumption, and fever.
- I am redeemed from boils, tumors, scabs, and itch that cannot be healed.
- I am redeemed from serious and prolonged sicknesses.
- I am redeemed from the diseases of the world of which cause fear.
- I am redeemed from every sickness and disease not named in this book clinging to me and destroying you.
- Now the blessings of Abraham come upon me and overtake me.

Jesus became sick that we might become well. Isn't it wonderful that we don't have to be perfect to enjoy the benefit of healing? We just need to believe and receive what He has provided.

On your journey into health and healing, the Lord may reveal things you need to change in your outward life, but most of the adjustments you will need to make will probably be in your thoughts and belief systems.

If healing is in our redemption, as we have proved it is, we don't have to wait for God to heal us when He gets ready to. Nor do we have to wait for a healing minster to lay hands on us or for healing to come to us.

We can take healing by faith as freely as we did salvation. It is there for the taking. This is one of the most freeing thoughts! But very few people I know actually walk in it. Let's learn how to appropriate what God has provided and not let it go to waste!

The people who wait to be healed and don't know they can take their healing when they want to may wait all of their lives for God to do something He has already done and, as a result, go without it.

Or they try to take healing and don't know how to take it by faith. They wait for a feeling and want to see a change in their body before they believe they are healed. But in God's kingdom, the things of God are received by faith.

I Believe in Healing. Why Am I Not Healed?

Faith comes before feelings. Faith believes what He says above what you currently experience, and you have the promises before you see or experience them.

Activations

- Write down these healing scriptures and add more from your own study.
- Go over them daily. It is your medicine (Proverbs 4:20-22).
- Make lists of declarations based on them and speak them continually to yourself.
- Ask the Lord what you need to focus on and search out scriptures that speak to you personally.
- Intentionally believe what God has said above what you have previously thought and replace your old ways of thinking with truth.

Regularly reviewing these things and performing the activations will transform your life.

If you continue to do them, you can grow to a place where health is more normal to you than sickness, weakness, and disease. You will be amazed by your own transformation.